

FREEDIVING ATLANTIC CUP'23

31.10-01.11
RADAZUL
TENERIFE - SPAIN

Two days, Three disciplines
CWT, CNF, FIM

Atlantic Cup Competition

returns after a break as one of the most awaited moments in Apnea Canarias.

It will take place in the famous Tenerife's bay of Radazul and will welcome freedivers from all over the world.

Furthermore, this edition will be open and valid as an AIDA Spanish National Competition in order to validate records.

The competition will start on the 31st of October and will end on the 1st of November.

Organised by



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GENERAL INFORMATION

- ★ 1 WEEK TRAINING
- ★ 2 DAYS COMPETITION
- ★ DEADLINE PRE-REGISTRATION: **25.08.2023**
- ★ COMPETITION FEES: 250€

TRAINING PACKAGES

From the 25th to the 30th of October, all registered athletes will have the opportunity to train with the same setup of the competition in order to simulate their performance and prepare for the competition with the best safety conditions.

6 TRAINING SESSIONS	5 TRAINING SESSIONS	4 TRAINING SESSIONS	3 TRAINING SESSIONS	2 TRAINING SESSIONS	1 TRAINING SESSION
250 €	220 €	180 €	150 €	100 €	55 €

PROGRAM

30.10.2023

★ Athletes should announce their depths by sending an email to:
tenerife@apneacanarias.com
on the 30th October before 5PM (CET +1)

or by coming straight to our center and register your depth the 30th of October before 4PM. Please find the map attached.

★ The Start list will be published on the official Facebook and Instagram pages of the Atlantic Cup and Apnea Canarias Tenerife on the same day, the 30th of October.

PAYMENT

1. BANK TRANSFER
IBAN: ES07 3183 3800 3210 1083 1228
BIC: CASDESBB
Reference: Atlantic Cup "Name and Surname"
2. PAY PAL
pagos@apneacanarias.com
(+ 5% of course fee)



31.10.2023 DAY 1

7:30

Meeting with all participants in Apnea Canarias for general briefing on competition safety, protocols, rules, logistics, lanyard check and etc..

9:00

First official top opening

9:10

First official top

10:40

Considering the ideal number of 20 participants we'll have the camera break and safety break around athlete number 10, with 30 mins of rest.

11:30

1st official top

01.11.2023 DAY 2

9:00

First official top

10:40

Camera break

14:00

Closing and award ceremony

★ Probably we will start with maximum to shallow depths, depending on weather, cast and tide.

★ The meeting point will be the Apnea Canarias center where you can use the changing room and store your equipment.

★ There will be a taxi boat just in front of Apnea Canarias center to reach the competition site. The estimated time to reach the platform and heating buoys is 5min.

14:30

Late lunch at the pizzeria next to our centre

Please reserve your spot (including family) the day before with our staff.

Ranking

Absolute male and female will be the overall of the two days and by discipline.

